How can we help?

- We provide short-term counseling to individuals, couples and families.
- We work together with you to find solutions to life's challenges.
- We link families with appropriate community resources.

Please contact your School **Social Worker for more information** or to make an appointment:

TR: Mrs. Bernas - 891-6424 x3107

WW: Mrs. Ernst - 891-6419 x2115

JFK: Mrs. Stiglmeier - 897-7300 x9324

Mrs. Stiglmeier is the Family Solutions **Center Coordinator and may assist** with any questions or concerns.

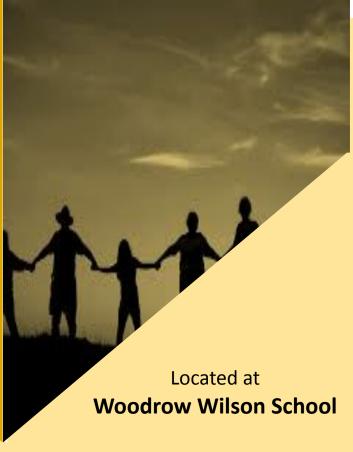
The **Family Solutions** Center

*All services are confidential and free of charge *

family.

Our mission

is to assist families in recognizing and utilizing their strengths to make positive choices and overcome obstacles.



Sessions are by appointment only:

Thursdays 12pm-7pm

Virtual sessions available upon request